

High School – Middle School Menus for week of: October 16-20, 2017

Breakfast:				
Monday	Tuesday	Wednesday	Thursday	Friday
Blueberry Muffin Cin Toast Crunch Apple Sauce Orange Juice Milk Choice	Cinnamon Poptart Raisins Orange Juice Milk Choice	Lucky Charms Breakfast Bar Peaches Apple Juice Milk Choice	Blueberry Yogurt Granola Apple Orange Juice Milk Choice	Cinnamon Roll Orange Apple Juice Milk Choice
Lunch:				
Monday	Tuesday	Wednesday	Thursday	Friday
Corn Dog OR Ham & Cheese Sand Let/Tomato Mustard Potato Wedges Ketchup Peas Peaches Milk Choice	Supreme Nachos Salsa / Sour Cream Lettuce / Tomato OR Chicken Salad Sand Garden Salad / Dressing Seasoned Rice Sliced Carrots Pears Milk Choice	Pulled Pork on bun BBQ Sauce Baked Beans Cole Slaw OR Chef Salad Roll / Dressing Strawberries Milk Choice	Spaghetti w/ Meat Sauce OR Tuna Salad Sand Let/Tom Garden Bar Dressing Warm Cinnamon Apples Milk Choice	Pepperoni Pizza Garlic Bread OR Turkey & Cheese Sand Garden Salad Ranch Fruit Cocktail Rice Crispy Treat Milk Choice

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